

**HANCOCK COUNTY SCHOOLS
BREAKFAST – ELEMENTARY, MIDDLE & HIGH SCHOOL
OCTOBER – 2008**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|
| ***** CEREALS, GRAHAMS & YOGURT AVAILABLE AT ALL SCHOOLS DAILY | | 1 Waffles / Syrup Milk / Juice | 2 Egg Patties on Biscuit Milk / Juice | 3 Turkey Sausage, Egg & Cheese Pocket Milk / Juice |
| 6 Cereal Whole Wheat Mini Loaf Milk / Juice | 7 Cinn.Glazed French Toast Milk / Juice | 8 Sausage Skillet w. Bagel Milk / Juice | 9 <u>WORLD EGG DAY</u> Egg Omelet w. English Muffin Milk / Juice | 10 NO SCHOOL |
| 13 NO SCHOOL | 14 Cereal Grahams Milk / Juice | 15 Breakfast Burrito Milk / Juice | 16 French Toast Sticks / Syrup Milk / Juice | 17 Cereal Oatmeal Muffin Square Milk / Juice |
| 20 Cereal Low Fat Donut Milk / Juice | 21 Pancakes / Syrup Milk / Juice | 22 Cheese Pizza Pocket Milk / Juice | 23 Sausage Pattie on Bagel Milk / Juice | 24 Cereal Banana Bread Milk / Juice |
| 27 Cereal Blueberry Muffin Milk / Juice | 28 French Toast / Syrup Milk / Juice | 29 Breakfast Wrap Milk / Juice | 30 Sausage Links w. Biscuit Milk / Juice | 31 <u>HAPPY HALLOWEEN</u> <u>FREE PRIZE</u> Bewitched Breakfast Pizza Milk / Juice |

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**HANCOCK COUNTY SCHOOLS
ELEMENTARY LUNCH - - - OCTOBER - 2008**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|---|
| <p>***** Wheat Items & Fresh Fruit – Available Daily 8 Oz. Water – 20 cents each All menus include ½ pt. asst. milk Menus are subject to change due to availability of food. *****</p> | | <p>1 Hamburger Pattie on Wheat Bun Corn on Cob Cole Slaw Pear Halves</p> <p>Milk</p> | <p>2 <u>FOOD SAFETY AWARENESS DAY</u> Beans & Wieners Potato Wedges Baby Carrots Sliced Peaches</p> <p>Milk</p> | <p>3 Cheese Pizza Toss Salad / Dressing Cinnamon Apples</p> <p>Milk</p> |
| <p>6 Grilled Chicken Pattie on Wheat Bun w. Lettuce Green Beans Fruit Cocktail</p> <p>Milk</p> | <p>7 <u>SCORECARD FOR WELLNESS</u> Ocean Treats Baked Beans Cole Slaw Peach Halves</p> <p>Milk</p> | <p>8 Stuffed Crust Pepperoni Pizza Toss Salad / Dressing Applesauce</p> <p>Milk</p> | <p>9 Beef & Macaroni Casserole Toss Salad / Dressing Diced Pears Wheat Bread</p> <p>Milk</p> | <p>10</p> <p>NO SCHOOL</p> |
| <p>13 NATIONAL</p> <p>NO SCHOOL</p> | <p>14 SCHOOL Ham & Cheese on Wheat Bun Potato Puffs Fresh Broccoli w. Low Fat Dress. Pineapple Chunks</p> <p>Milk</p> | <p>15 LUNCH Meatball Hoagie w. Cheese Corn Diced Peaches</p> <p>Milk</p> | <p>16 WEEK Pepperoni Pizza Toss Salad/Dressing Applesauce Wheat Sugar Cookie</p> <p>Milk</p> | <p>17 VOTE SCHOOL LUNCH <u>FREE Bear Giveaway</u> Patriotic Chicken Nuggets Polls Baked Beans Election Carrots w/Ranch Dressing Ballot Sliced Pears Candidate Wheat Roll Vote Milk</p> |
| <p>20 Fish Nuggets Potato Wedges Mixed Vegetable Fresh Fruit Whet Roll</p> <p>Milk</p> | <p>21 R E D Taco in a Shell w/Lettuce, Tomato & Cheese Taco Sauce Corn Applesauce</p> <p>Milk</p> | <p>22 R I B B O N Salisbury Steak Mashed Potatoes/Gravy Toss Salad / Dressing Wheat Roll</p> <p>Milk</p> | <p>23 W E E K Chicken Quesadillas Baked Beans Cole Slaw Fruit Mix</p> <p>Milk</p> | <p>24 Stuffed Crust Cheese Pizza Toss Salad / Dressing Diced Pears Hug No Drug Cookie</p> <p>Milk</p> |
| <p>27 BBQ Ribs on Whole Wheat Sub Bun Tri Taters California Blend Fresh Fruit</p> <p>Milk</p> | <p>28 French Bread Pizza Toss Salad / Dressing Sliced Pears</p> <p>Milk</p> | <p>29 Chicken Fajitas in a Pita w. Lettuce, Tomato & Cheese Baked Beans Sliced Peaches</p> <p>Milk</p> | <p>30 Rotini w. Meatsauce Toss Salad / Dressing Fruit Mix</p> <p>Milk</p> | <p>31 <u>HAPPY HALLOWEEN</u> Bewitched Breaded Chicken Pattie on Wheat Bun with Lettuce & Tomato Vampire Corn Spooky Applesauce</p> <p>Midnight Milk</p> |

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