

**HANCOCK COUNTY SCHOOLS
BREAKFAST – ELEMENTARY, MIDDLE & HIGH SCHOOL
SEPTEMBER – 2009**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 French Toast Sticks Syrup Milk / Juice	2 Breakfast Pizza Milk / Juice	3 Egg Wrap w. Biscuit Milk / Juice	4 Creamed Filled Bagel Stick Milk / Juice
NO SCHOOL	8 Cereal / Grahams Milk / Juice	9 Bacon Scrambled Pizza Milk / Juice	10 Egg Pattie on English Muffin Milk / Juice	11 French Toast Syrup Milk / Juice
14 Cereal Apple Cinnamon Muffin Milk / Juice	15 Waffles Syrup Milk / Juice	16 Cheese Breakfast Pocket Milk / Juice	17 Pancakes Syrup Milk / Juice	18 Sausage Links w. Mini Loaf Milk / Juice
21 Cereal Low Fat Donut Milk / Juice	22 Breakfast Burrito Milk / Juice	23 Egg Pattie on Bagel Milk / Juice	24 Pancake Sausage Rollup Syrup Milk / Juice	25 Cereal Blueberry Oatmeal Muffin Milk / Juice
28 Cereal WW Mini Loaf Milk / Juice	29 French Toast Syrup Milk / Juice	30 Sausage, Egg & Cheese Pocket Milk / Juice		<i>CEREAL, GRAHAMS & YOGURT AVAILABLE AT ALL SCHOOLS DAILY</i>

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**HANCOCK COUNTY SCHOOLS
ELEMENTARY LUNCH - - - - SEPTEMBER - 2009**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken Fries Vegetarian Beans Toss Salad / Dressing Wheat Roll Milk	2 Sliced Ham on Wheat Bun Corn Cole Slaw Fruit Cocktail Milk	3 Sausage Pizza Toss Salad / Dressing Applesauce Milk	4 Beef & Macaroni Casserole Toss Salad / Dressing Diced Peaches Wheat Roll Milk
7 NO SCHOOL	8 Grilled Chicken Pattie on Wheat Bun w. Lettuce Green Beans Mixed Fruit Milk	9 Stuff Crust Pepperoni Pizza Toss Salad / Dressing Sliced Peaches Milk	10 Salisbury Steak Mashed Potatoes / Gravy Toss Salad / Dressing Wheat Roll Milk	11 WW Corn Dog Pasta Salad Baked Beans Fresh Fruit Milk
14 Breaded Chicken Nuggets French Fries Fresh Vegetables w. Dressing Sliced Pears Wheat Roll Milk	15 <u>Pencil Case Day</u> Sliced Ham on Wheat Bun Mixed Vegetables Cole Slaw Diced Peaches Milk	16 Hamburger Pattie on Wheat Bun w. Lettuce & Tomato Baked Vegetarian Beans Applesauce Milk	17 Pepperoni Pizza Toss Salad / Dressing Fruit Cocktail Blueberry Oatmeal Cookie Milk	18 Tacos w. Shell, Lettuce, Tomato & cheese Taco Sauce Corn Sliced Apples Milk
21 Breaded Chicken Pattie on Wheat Bun w. Lettuce Mixed Vegetables Sliced Peaches Milk	22 Meatloaf Mashed Potatoes / Gravy Toss Salad / Dressing Wheat Roll Milk	23 Beans and Wieners Smile Fries Cole Slaw Fruit Mix Wheat Roll Milk	24 Cheese Pizza Toss Salad / Dressing Applesauce Milk	25 Spaghetti w. Meatsauce Toss Salad / Dressing Sliced Pears Bread Stick Milk
28 Fish Nuggets Potato Puffs Baby Carrots w. Ranch Raisins WW Pretzel Rod Milk	29 Taco Joe on Wheat Bun Toss Salad / Dressing Green Beans Fruit Cocktail Milk	30 Chicken Quesadillas Baked Beans Cole Slaw Diced Peaches		Wheat Items, Fresh Fruit & Water Available daily All menus include ½ pt. asst. milk Menus are subject to change due to availability of food

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**HANCOCK COUNTY SCHOOLS
MIDDLE SCHOOL LUNCH - - - SEPTEMBER - 2009**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken Fries / Wheat Roll Rice Pilaf Vegetarian Beans Toss Salad / Dressing Pineapple Chunks Milk / Juice	2 BBQ Ham on Wheat Bun Macaroni & Cheese Corn Cole Slaw Fruit Cocktail Milk / Juice Chefs	3 Sausage Pizza Toss Salad / Dressing Broccoli Salad Tropical Fruit Applesauce Milk / Juice	4 Meatball Hoagie w. Cheese Toss Salad / Dressing Broccoli w. Cheese Diced Peaches Milk / Juice
7 NO SCHOOL	8 Grilled Chicken Pattie on Wheat Bun w. Lettuce Seasoned Fries California Blend w. Cheese Mixed Fruit Cup Milk / Juice	9 Stuffed Crust Pepperoni Pizza Toss Salad / Dressing Fruit Salad Sliced Peaches Pretzel Milk / Juice	10 Salisbury Steak Mashed Potatoes / Gravy Toss Salad / Dressing Pineapple Chunks Wheat Roll Milk / Juice	11 WW Corn Dog Baked Potato Bar Refried Beans Applesauce Cup Milk / Juice Chefs
14 Breaded Chicken Nuggets French Fries Fresh Vegetables w. Dressing Sliced Pears Chicken Noodle Soup Wheat Roll Milk / Juice	15 BBQ Rib on Hoagie Bun Toss Salad / Dressing Mixed Vegetables w. Cheese Diced Peaches Milk / Juice	16 <u>National Cheeseburger Day</u> Cheeseburger on Wheat Bun w. Lettuce & Tomato Rice Pilaf Vegetarian Beans Applesauce Cup Milk / Juice Chefs	17 Pepperoni Pizza Toss Salad / Dressing Macaroni Salad Fruit Cocktail Blueberry Oatmeal Cookie Milk / Juice	18 Tacos w. 2 Shells Cheese & Sour Cream Toss Salad / Dressing Corn Sliced Apples Milk / Juice
21 Breaded Chicken Pattie on Wheat Bun w. Lettuce Tri Taters Mixed Vegetable w. Cheese Sliced Peaches Beef Noodle Soup Milk / Juice	22 Meatloaf Mashed Potatoes / Gravy Toss Salad / Dressing Pineapple Chunks Wheat Bread Milk / Juice	23 Beans & Wieners / Whole Grain White Bread OR Max Wraps Seasoned Fries Cole Slaw Fruit Mix Cup Milk / Juice Chefs	24 Cheese Pizza Toss Salad / Dressing Cucumber & Tomato Salad Fruit Salad Applesauce Cup Milk / Juice	25 Spaghetti w. Meatsauce Toss Salad / Dressing Broccoli w. Cheese Sauce Sliced Pears Wheat Bread Milk / Juice
28 Fish Nuggets or Beef Hoagie w. Cheese Potato Puffs Baby Carrots w. Ranch Dressing Pineapple Chunks WW Pretzel Rod Milk / Juice Beef Veget. Soup	29 Taco Joe on Wheat Bun OR Spicy Chicken Pattie on Wheat Bun Toss Salad / Dressing Green Beans Fruit Cocktail Milk / Juice	30 <u>Mexican Day</u> Chicken Quesadillas/ Sour Cream Spanish Rice Refried Beans Cole Slaw Peach Halves Milk / Juice Chefs		Wheat Items, Fresh Fruit & Water Available daily All menus include ½ pt. asst. milk Menus are subject to change due to availability of food

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**HANCOCK COUNTY SCHOOLS
HIGH SCHOOL LUNCH - - - - SEPTEMBER -2009**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken Fries or Cottage Cheese & Fruit Platter / Wheat Roll Rice Pilaf Vegetarian Beans Toss Salad / Dressing Pineapple Chunks Milk / Juice Chefs	2 BBQ Ham on Wheat Bun OR Chicken Fajitas in Pita w. Lettuce, Tomato & cheese Macaroni & Cheese Corn, Cole Slaw Fruit Cocktail Milk / Juice	3 Sausage Pizza OR Deli Turkey w. Cheese Toss Salad / Dressing Broccoli Salad Tropical Fruit Applesauce Milk / Juice	4 Meatball Hoagie w. Cheese OR Cook's Choice Toss Salad / Dressing Broccoli w. Cheese Diced Peaches Milk / Juice
7 NO SCHOOL	8 Grilled Chicken Pattie on Wheat Bun w. Lettuce OR Burrito / Sour Cream Seasoned Fries California Blend w. Cheese Mixed Fruit Cup Milk / Juice	9 Stuffed Crust Pepperoni Pizza OR Turkey Bologna & Cheese on Bun Toss Salad / Dressing Fruit Salad, Sliced Peaches Pretzel Milk / Juice	10 Salisbury Steak or Deli Turkey in Pita Mashed Potatoes / Gravy Toss Salad / Dressing Pineapple Chunks Wheat Roll Milk / Juice Chefs	11 WW Corn Dog OR Egg Rolls / Sauce Baked Potato Bar Refried Beans Applesauce Cup Milk / Juice
14 Breaded Chicken Nuggets OR Cheese on Pretzel Bun French Fries, Sliced Pears Fresh Vegetables w. Dressing Chicken Noodle Soup Wheat Roll Milk / Juice	15 BBQ Rib on Hoagie Bun OR Shepherd Pie Toss Salad / Dressing Mixed Vegetables w. Cheese Diced Peaches Milk / Juice Chefs	16 <u>National Cheeseburger Day</u> Cheeseburger on Wheat Bun w. Lettuce & Tomato OR Creamed Chicken over Biscuit Rice Pilaf Vegetarian Beans Applesauce Cup Milk / Juice	17 Pepperoni Pizza OR Ham & Cheese on Bun Toss Salad / Dressing Macaroni Salad Fruit Cocktail Blueberry Oatmeal Cookie Milk / Juice	18 Tacos w. 2 Shells or Pulled Pork Sandwich Cheese & Sour Cream Toss Salad / Dressing Corn Sliced Apples Milk / Juice Chefs
21 Breaded Chicken Pattie on Wheat Bun w. Lettuce Or Cook's Choice Tri Taters Mixed Vegetable w. Cheese Sliced Peaches Milk / Juice Beef Noodle Soup	22 Meatloaf OR Baked Chicken Mashed Potatoes / Gravy Toss Salad / Dressing Pineapple Chunks Wheat Bread Milk / Juice Chefs	23 Beans & Wieners / Whole Grain White Bread OR Max Wraps Seasoned Fries Cole Slaw Fruit Mix Cup Milk / Juice	24 Cheese Pizza OR Deli Turkey & Cheese on Bun Toss Salad / Dressing Cucumber & Tomato Salad Fruit Salad Applesauce Cup Milk / Juice	25 Spaghetti w. Meatsauce OR Roast Beef & Cheese on Wheat Bun Toss Salad / Dressing Broccoli w. Cheese Sauce Sliced Pears Wheat Bread Milk / Juice
28 Fish Nuggets or Beef Hoagie w. Cheese, Peppers & Onions Potato Puffs Baby Carrots w. Ranch Dressing Pineapple Chunks WW Pretzel Rod Milk / Juice Beef Veget. Soup	29 Taco Joe on Wheat Bun OR Spicy Chicken Pattie on Wheat Bun Toss Salad / Dressing Green Beans Fruit Cocktail Milk / Juice Chefs	30 <u>Mexican Day</u> Chicken Quesadillas/ Sour Cream Or Taco Pie Spanish Rice Refried Beans Cole Slaw Peach Halves Milk / Juice Chefs		Wheat Items, Fresh Fruit & Water Available daily All menus include ½ pt. asst. milk Menus are subject to change due to availability of food

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