

**HANCOCK COUNTY SCHOOLS
BREAKFAST MENU – ELEMENTARY, MIDDLE & HIGH SCHOOLS**

MARCH - - 2009

MARCH - 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
N A T I O N A L	S C H O O L	B R E A K	F A S T	W E E K
2 Cereal Apple Cinnamon Muffins Milk / Juice	3 French Toast Sticks Syrup Milk / Juice	4 Sausage Breakfast Pizza Milk / Juice	5 Egg Omelet w. Biscuit Milk / Juice	6 Breakfast Wrap Milk / Juice
9 Cereal Blueberry Muffin Milk / Juice	10 French Toast Syrup Milk / Juice	11 Sausage Pattie w. Biscuit Milk / Juice	12 Cereal Oatmeal Muffin Square Milk / Juice	13 Cheese Pocket Milk / Juice
16 Creamed Filled Stick Milk / Juice	17 Pancakes Syrup Milk / Juice	18 2 HOUR DELAY STUDENTS ONLY	19 Egg Pattie on English Muffin Milk / Juice	20 Cereal Banana Square Milk / Juice
23 Cereal Ultra Donut Milk / Juice	24 Pancake Sausage Rollup Syrup Milk / Juice	25 Egg Wrap w. Biscuit Milk / Juice	26 Waffles Syrup Milk / Juice	27 Cook's Choice Milk / Juice
30 Cereal Mini Loaf Milk / Juice	31 Sausage Links w. Biscuit Milk / Juice			CEREALS, GRAHAMS & YOGURT AVAILABLE AT ALL SCHOOLS DAILY

"This institution is an equal opportunity provider."

**HANCOCK COUNTY SCHOOLS
ELEMENTARY LUNCH
MARCH – 2009**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <u>Nutrition Day – FREE Sticker</u> BBQ Rib on Wheat Sub Bun California Blend Baby Carrots Raisins Milk	3 Chicken Fajitas in Pita w. Lettuce, Tomato & cheese Corn Sliced Peaches Milk	4 Meatloaf Mashed Potatoes / Gravy Toss Salad / Dressing Wheat Roll Milk	5 Stuffed Crust Pepperoni Pizza Toss Salad / Dressing Applesauce Milk	6 Fish Pattie on Wheat Bun Vegetarian Beans Cole Slaw Mixed Fruit Milk
9 Hamburger Pattie w. Lettuce on Wheat Bun Tater Tots Diced Peaches Milk	10 <u>Reading Awareness Day</u> <u>FREE Giveaway</u> Chicken Nuggets Smile Fries Baby Carrots w. Ranch Dressing Fruit Cocktail Milk	11 Hot Dog on Bun Vegetarian Beans Cole Slaw Fresh Fruit Milk	12 Spaghetti w. Meat Sauce Parmesan Cheese Toss Salad / Dressing Sliced Pears Bread Stick Milk	13 Cheese Pizza Toss Salad / Dressing Applesauce Graham Snacks Milk
16 Cheese Quesadillas Vegetarian Beans Broccoli Floret w. Ranch Dressing Peach Half Milk	17 <u>Happy St. Patrick's Day</u> Leprechaun Chicken Fries Irish French Fries Gold Fresh Fruit Shamrock Wheat Roll Rainbow Milk	18 Taco in a Shell w. Lettuce, Tomato, Cheese & Taco Sauce Corn Mixed Fruit Milk	19 Pepperoni Pizza Toss Salad / Dressing Diced Pears Milk	20 Fish Nuggets Macaroni & Cheese Cole Slaw Sliced Apples Milk
23 Grilled Chicken Pattie on Wheat Bun w. Lettuce Potato Wedges Pear Half Milk	24 Beans & Wieners Toss Salad / Dressing Fruit Cocktail Milk	25 Sloppy Joe on Wheat Bun Green Beans Cole Slaw Sliced Peaches Milk	26 Deli Turkey on Bun Potato Puffs Baby Carrots Mixed Fruit Milk	27 Stuffed Crust Cheese Pizza Toss Salad / Dressing Applesauce Milk
30 Breaded Chicken Pattie on Wheat Bun w. Lettuce Corn Sliced Pears Milk	31 Sausage Pizza Toss Salad / Dressing Diced Peaches Milk			Wheat Items & Fresh Fruit Available daily 8 Oz. Water – 20 Cents All menus include ½ pt. asst. milk Menus are subject to change due to availability of food

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**HANCOCK COUNTY SCHOOLS
HIGH SCHOOL – LUNCH**

MARCH – 2009

MARCH - 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BBQ Rib on Wheat Sub Bun OR Sloppy Joes on Wheat Bun Seasoned Fries California Blend w. Cheese Baby Carrots, Pineapple Chunks Milk / Juice Beef Noodle Soup	3 Chicken Fajitas Wraps w. Lettuce, Tomato, Cheese & Sour Cream OR Corn Dogs Rice Pilaf, Corn Sliced Peaches Milk / Juice Chefs	4 Meatloaf or Turkey Mashed Potatoes / Gravy Toss Salad / Dressing Sliced Pears Wheat Roll Milk / Juice	5 Stuff Crust Pepperoni Pizza OR Turkey & Cheese on Wheat Bun Toss Salad / Dressing Macaroni Salad Applesauce Cup Milk / Juice Soup of Day	6 Fish Pattie on Wheat Bun or Meatball Hoagie w. Cheese Pasta Salad Vegetarian Beans Cole Slaw, Mixed Fruit Cups Milk / Juice
9 Cheeseburger on Wheat Bun w. Lettuce OR Cheesy Flatbread Tater Tots Corn Diced Peach Cups Chicken Rice Soup Milk / Juice	10 Chicken Nuggets or Cook's Choice Seasoned Fries Broccoli w. Cheese Baby Carrots w. Ranch Dressing Fruit Cocktail Wheat Roll Milk / Juice Chefs	11 Hot Dog on Bun w. Chili Sauce & Condiments OR Nacho Pizza Potato Salad, Cole Slaw Vegetarian Beans Pineapple Chunks Pretzel Milk / Juice	12 Spaghetti w. Meat Sauce Breadstick OR Roast Beef & Cheese on Wheat Bun Toss Salad / Dressing Green Beans Sliced Pears Milk / Juice Chefs	13 Cheese Pizza OR Ham & Cheese on Wheat Bun Toss Salad / Dressing Fruit Salad Applesauce Cup Graham Snacks Milk / Juice Soup of Day
16 Cheese Quesadillas OR Burritos Sour Cream Spanish Rice Refried Beans Fresh Broccoli Florets Peach Half Milk / Juice Chili / Corn Bread	17 Chicken Fries or Raviolis French Fries Toss Salad / Dressing Pineapple Chunks Wheat Roll Milk / Juice Chefs	18 Taco Meat w. 2 Shells / Lettuce, Tomato & Cheese / Sour Cream OR Cook's Choice Corn Seasoned Fries Mixed Fruit Cup Milk / Juice	19 Pepperoni Pizza OR Turkey & Cheese on Wheat Bun Toss Salad / Dressing Cuke & Tomato Salad Tropical Fruit Salad Diced Pear Cups Milk / Juice Soup of Day	20 Fish Nuggets or Egg Rolls w. Duck Sauce Macaroni & Cheese Cole Slaw Sliced Apples Wheat Roll Milk / Juice
23 Grilled Chicken Pattie on Wheat Bun w. Lettuce OR Cheese on Pretzel Bun Potato Wedges Mixed Vegetable w. Cheese Pear Half Milk / Juice Tomato Soup	24 Beef Hoagie w. Cheese OR Spicy Chicken Pattie on Wheat Bun Toss Salad / Dressing Corn Fruit Cocktail Milk / Juice Chefs	25 Sloppy Joe on Wheat Bun OR Creamed Chicken over Biscuit Baked Potato Bar Cole Slaw Green Beans Sliced Peaches Milk / Juice	26 Baked Chicken / Wheat Roll OR Deli Turkey on Wheat Bun Mashed Potatoes / Gravy Baby Carrots Applesauce Cups Milk / Juice Chefs	27 Stuffed Crust Cheese Pizza OR Ham & Cheese on Wheat Bun Toss Salad / Dressing Cinnamon Apples Broccoli Salad Mixed Fruit Cup Milk / Juice Soup of Day
30 Breaded Chicken Pattie on Wheat Bun w. Lettuce OR Cook's Choice Rice Pilaf, Corn Sliced Pears Beef Vegetable Soup Milk / Juice	31 Sausage Pizza OR Turkey & Cheese on Wheat Bun Toss Salad / Dressing Glazed Apple Slices Fruit Salad Diced Peach Cup Milk / Juice Soup of Day			Wheat Items & Fresh Fruit Available daily 2-6 Oz. Yogurt = Entrée 16 Oz. Water – 50 Cents All menus include ½ pt. asst. milk Menus are subject to change due to availability of food

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