

**HANCOCK COUNTY SCHOOLS
BREAKFAST – ELEMENTARY, MIDDLE & HIGH SCHOOL
SEPTEMBER – 2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breakfast Sausage Pizza Milk / Juice	2 Egg Pattie and Canadian Bacon on English Muffin Milk / Juice	3 Creamed Cheese Filled Bagel Stick Milk / Juice
6 NO SCHOOL	7 Cereal / Grahams Milk / Juice	8 Bacon Scrambled Pizza Milk / Juice	9 Pancakes Syrup Milk / Juice	10 Cereal Blueberry Bkft. Bar Milk / Juice
13 Cereal Low Fat Donut Milk / Juice	14 Waffles Syrup Milk / Juice	15 Sausage Links w. Biscuit Milk / Juice	16 French Toast Syrup Milk / Juice	17 Cereal Whole Grain Bkft. Bar Milk / Juice
20 Cereal Apple Cinnamon Muffin Milk / Juice	21 Pancake Sausage Rollup Syrup Milk / Juice	22 Egg Pattie on Biscuit Milk / Juice	23 Cereal WW Mini Loaf Milk / Juice	24 Cherry Oatmeal Muffin Sq. Milk / Juice
27 Cereal Blueberry Muffin Milk / Juice	28 French Toast Sticks Syrup Milk / Juice	29 Sausage Bkft. Bagel Milk / Juice	30 Cheese Pocket Milk / Juice	<i>CEREAL, GRAHAMS & YOGURT AVAILABLE AT ALL SCHOOLS DAILY</i>

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**HANCOCK COUNTY SCHOOLS
ELEMENTARY LUNCH - - - - SEPTEMBER - 2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Sliced Ham on Wheat Bun Seasoned Green Beans Cole Slaw Fruit Cocktail Milk	2 Sausage Pizza Toss Salad / Dressing Applesauce Milk	3 Beef & Macaroni Casserole Toss Salad / Dressing Diced Pears Wheat Roll Milk
6 NO SCHOOL	7 Grilled Chicken Pattie on Wheat Bun w. Lettuce Seasoned Corn Mixed Fruit Milk	8 Stuff Crust Pepperoni Pizza Toss Salad / Dressing Sliced Peaches Milk	9 Salisbury Steak Mashed Potatoes / Gravy Toss Salad / Dressing Wheat Roll Milk	10 WW Corn Dog Pasta Salad Baked Beans Fresh Fruit Milk
13 Breaded Chicken Nuggets French Fries Fresh Vegetables w. Dressing Sliced Pears Wheat Roll Milk	14 <u>Book Marker Day</u> Sliced Deli Turkey on Wheat Bun Glazed Baby Carrots Cole Slaw Diced Peaches Milk	15 Hamburger Pattie on Wheat Bun w. Lettuce & Tomato Seasoned Lima Beans Applesauce Milk	16 Pepperoni Pizza Toss Salad / Dressing Fruit Cocktail Cherry Oatmeal Cookie Milk	17 Tacos w. Shell, Lettuce, Tomato & cheese Taco Sauce Seasoned Corn Sliced Apples in a Bag Milk
20 Breaded Chicken Pattie on Wheat Bun w. Lettuce Mixed Vegetables Sliced Peaches Milk	21 Meatloaf Mashed Potatoes / Gravy Toss Salad / Dressing Wheat Roll Milk	22 Beans and Wieners Smile Fries Cole Slaw Fruit Mix Wheat Roll Milk	23 Cheese Pizza Toss Salad / Dressing Applesauce Milk	24 Spaghetti w. Meatsauce Toss Salad / Dressing Sliced Pears Bread Stick Milk
27 Fish Nuggets Potato Puffs Baby Carrots w. Ranch Raisins WW Pretzel Rod Milk	28 Taco Joe on Wheat Bun Toss Salad / Dressing Corn Fruit Cocktail Milk	29 Chicken Quesadillas Seasoned Lima Beans Cole Slaw Diced Peaches Milk	30 Hot Dog on WW Bun Tater Tots Peas & Carrots Grapes in a Bag Milk	Wheat Items, Fresh Fruit & Water Available daily All menus include ½ pt. asst. milk Menus are subject to change due to availability of food

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**HANCOCK COUNTY SCHOOLS
MIDDLE SCHOOL LUNCH - - - SEPTEMBER - 2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 BBQ Ham on Wheat Bun OR Creamed Chicken over Biscuit Macaroni & Cheese Seasoned Green Beans Cole Slaw Fruit Cocktail Milk / Juice Chefs	2 Sausage Pizza Toss Salad / Dressing Broccoli Salad Fresh Fruit Salad Applesauce Cup Milk / Juice	3 Meatball Hoagie w. Cheese Toss Salad / Dressing California Blend w. Cheese Diced Pear Cups Milk / Juice
6 NO SCHOOL	7 Grilled Chicken Pattie on Wheat Bun w. Lettuce Seasoned Fries Broccoli w. Cheese Sauce Mixed Fruit Cup Milk / Juice	8 Stuffed Crust Pepperoni Pizza Toss Salad / Dressing Watermelon Slices Cinnamon Apples Sliced Peaches Pretzel Milk / Juice	9 Salisbury Steak Mashed Potatoes / Gravy Toss Salad / Dressing Pineapple Chunks Wheat Roll Milk / Juice	10 WW Corn Dog Baked Potato Bar Refried Beans Berry Applesauce Cup Milk / Juice Chefs
13 Breaded Chicken Nuggets French Fries Fresh Vegetables w. Dressing Sliced Pears Wheat Roll Chicken Noodle Soup Milk / Juice	14 BBQ Rib on WW Hoagie Bun Toss Salad / Dressing Glazed Baby Carrots Cole Slaw Diced Peach Cup Milk / Juice	15 <u>National Cheeseburger Day</u> Cheeseburger on Wheat Bun w. Lettuce & Tomato Rice Pilaf Seasoned Lima Beans Mandarin Orange Cup Milk / Juice Chefs	16 Pepperoni Pizza Toss Salad / Dressing Macaroni Salad Fruit Cocktail Cherry Oatmeal Cookie Milk / Juice	17 Tacos w. 2 Shells w. Lettuce, Tomato & Cheese / Sour Cream Seasoned Corn Baked Potato Bar Sliced Apples in a Bag Milk / Juice
20 Breaded Chicken Pattie on Wheat Bun w. Lettuce Mixed Vegetable w. Cheese Sauce Tri Taters Sliced Peaches Beef Noodle Soup Milk / Juice	21 Meatloaf Mashed Potatoes / Gravy Toss Salad / Dressing Pineapple Chunks Whole Grain White Bread Milk / Juice	22 Beans & Wieners / Wheat Roll OR Max Wraps / Sour Cream Seasoned Fries Cole Slaw Mix Fruit Cup Milk / Juice Chefs	23 Cheese Pizza Toss Salad / Dressing Pasta Salad Tropical Fruit Salad Applesauce Cup Milk / Juice	24 Spaghetti w. Meatsauce Toss Salad / Dressing Green Beans Sliced Pears Bread Stick Milk / Juice
27 Fish Nuggets or Beef Hoagie w. Cheese Potato Puffs Baby Carrots w. Ranch Dressing Pineapple Chunks WW Pretzel Rod Beef Vegetable Soup Milk / Juice	28 Taco Joe on Wheat Bun OR Spicy Chicken Pattie on Wheat Bun Toss Salad / Dressing California Blend w. Cheese Fruit Cocktail Milk / Juice	29 Chicken Quesadillas/ Sour Cream Spanish Rice Lima Beans w. Cheese Cole Slaw Peach Halves Milk / Juice Chefs	30 Hot Dog on WW Bun w. Chili Sauce / Condiments Tater Tots Seasoned Peas & Carrots Pear Halves Grapes in a Bag Milk / Juice	Wheat Items, Fresh Fruit & Water Available daily All menus include ½ pt. asst. milk Menus are subject to change due to availability of food

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**HANCOCK COUNTY SCHOOLS
HIGH SCHOOL LUNCH - - - SEPTEMBER -2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 BBQ Ham on Wheat Bun OR Creamed Chicken over Biscuit Macaroni & Cheese Seasoned Green Beans Cole Slaw Fruit Cocktail Milk / Juice	2 Sausage Pizza or Cheese on Pretzel Bun Toss Salad / Dressing Broccoli Salad Fresh Fruit Salad Applesauce Cup Milk / Juice	3 Meatball Hoagie w. Cheese or Cook's Choice Toss Salad / Dressing California Blend w. Cheese Diced Pear Cups Milk / Juice
6 NO SCHOOL	7 Grilled Chicken Pattie on Wheat Bun w. Lettuce OR Burrito w. Sour Cream Seasoned Fries Broccoli w. Cheese Sauce Mixed Fruit Cup Milk / Juice	8 Stuffed Crust Pepperoni Pizza OR Turkey Bologna & Cheese on Bun Toss Salad / Dressing Watermelon Slices Cinnamon Apples Sliced Peaches Pretzel Milk / Juice	9 Salisbury Steak /Wheat Roll OR Deli Turkey in Pita w. Cheese Mashed Potatoes / Gravy Toss Salad / Dressing Pineapple Chunks Wheat Roll Milk / Juice	10 WW Corn Dog OR Egg Roll w. Sauce Baked Potato Bar Refried Beans Berry Applesauce Cup Milk / Juice
13 Breaded Chicken Nuggets OR Cook's Choice French Fries Fresh Vegetables w. Dressing Sliced Pears Wheat Roll Milk / Juice Chicken Noodle Soup	14 BBQ Rib on WW Hoagie Bun OR Shepherd Pie / Roll Toss Salad / Dressing Glazed Baby Carrots Cole Slaw Diced Peach Cup Milk / Juice	15 National Cheeseburger Day Cheeseburger on Wheat Bun w. Lettuce & Tomato OR Ravioli w. Plain Sauce Rice Pilaf Seasoned Lima Beans Mandarin Orange Cup Milk / Juice	16 Pepperoni Pizza OR Cheese on Pretzel Bun Toss Salad / Dressing Macaroni Salad Fruit Cocktail Cherry Oatmeal Cookie Milk / Juice	17 Tacos w. 2 Shells w. Lettuce, Tomato & Cheese / Sour Cream OR Pulled Pork on Wheat Bun Seasoned Corn Baked Potato Bar Sliced Apples in a Bag Milk / Juice
20 Breaded Chicken Pattie on Wheat Bun w. Lettuce OR Cheese Quesadillas / Sour Cream Mixed Vegetable w. Cheese Sauce Tri Taters Sliced Peaches Milk / Juice Beef Noodle Soup	21 Meatloaf w. Whole Wheat Bread OR Chicken Fajita in Pita w. Cheese Mashed Potatoes / Gravy Toss Salad / Dressing Pineapple Chunks Milk / Juice	22 Beans & Wieners / Wheat Roll OR Max Wraps / Sour Cream Seasoned Fries Cole Slaw Mix Fruit Cup Milk / Juice	23 Cheese Pizza OR Ham & Cheese on Wheat Bun Toss Salad / Dressing Pasta Salad Tropical Fruit Salad Applesauce Cup Milk / Juice	24 Spaghetti w. Meatsauce w. Bread Stick OR Roast Beef & Cheese on Wheat Bun Toss Salad / Dressing Green Beans Sliced Pears Milk / Juice
27 Fish Nuggets or Beef Hoagie w. Cheese, Peppers & Onions Potato Puffs Baby Carrots w. Ranch Dressing Pineapple Chunks WW Pretzel Rod Beef Vegetable Soup Milk / Juice	28 Taco Joe on Wheat Bun OR Spicy Chicken Pattie on Wheat Bun Toss Salad / Dressing California Blend w. Cheese Fruit Cocktail Milk / Juice	29 Chicken Quesadillas/ Sour Cream OR Taco Pie Spanish Rice Lima Beans w. Cheese Cole Slaw Peach Halves Milk / Juice	30 Hot Dog on WW Bun w. Chili Sauce / Condiments OR Chicken Noodle Casserole Tater Tots Seasoned Corn Pear Halves Grapes in a Big Milk / Juice	Wheat Items, Fresh Fruit & Water Available daily All menus include ½ pt. asst. milk Menus are subject to change due to availability of food

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